



Weekly Menu Planner. Week 1.

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Breakfast.	Selection of cereal or assorted savouries with fruit.				
Mid-Morning Snack.	Seasonal organic fruit or vegetable sticks with assorted crackers and spreads.				
Lunch.	Homemade Red Lentil Dahl with Chapatis.	Leek and Potato Pie with Tomato and Basil Salad.	Quorn and Mushroom Stroganoff with Mash.	Veggie Sausage, Roast Potatoes, Broccoli and Carrot Mash.	Veggie Quiche Lorraine, New Potatoes and Peas.
Mid-Afternoon Snack.	Seasonal organic fruit or vegetable sticks with assorted crackers and spreads.				
Tea.	Cheesy Potato Wedges.	Crumpets with Scrambled Egg and Beans.	Cheese and Ham Toasties.	Winter Vegetable Soup.	Gnocchi in Pomodoro Sauce.
Drinks.	Fresh water and milk are provided throughout the day.				
Allergy Information.	Dairy Wheat Mustard	Egg Dairy Wheat Mustard	Dairy Mustard Egg Wheat	Dairy Soya Celery	Dairy Wheat Egg Celery



Weekly Menu Planner. Week 2.

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Breakfast.	Selection of cereal or assorted savouries with fruit.				
Mid-Morning Snack.	Seasonal organic fruit or vegetable sticks with assorted crackers and spreads.				
Lunch.	Sausage and Root Vegetable Mash with Gravy.	Meatball Subs with Smoked Salsa.	Paneer, Potato, Mushroom and Courgette Tikka Masala with Naan.	Red Dragon Pie with Broccoli and carrot Mash.	Chilli Non Carnie and Rice.
Mid-Afternoon Snack.	Seasonal organic fruit or vegetable sticks with assorted crackers and spreads.				
Tea.	Red Pepper and Courgette Fajitas with Salsa.	Vol au Vents with Mushroom Pate and Egg Mayo.	Seasonal Vegetable Soup with Dough Balls.	Wholemeal Pasta with a Rich Tomato Sauce and Cheese.	Jacket Potato with Cheese and Beans.
Drinks.	Fresh water and milk are provided throughout the day.				
Allergy Information.	Gluten Dairy Wheat Mustard	Egg Dairy Wheat Soya	Wheat Dairy	Celery Soya Dairy Wheat	Celery Soya Dairy



Weekly Menu Planner. Week 3.

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Breakfast.	Selection of cereal or assorted savouries with fruit.				
Mid-Morning Snack.	Seasonal organic fruit or vegetable sticks with assorted crackers and spreads.				
Lunch.	Spinach and Feta Cheese Borek with Honey Roast Potatoes.	Roast Quorn, Stuffing, Cauliflower Cheese, Yorkshire Pudding and Gravy.	Scotch Eggs with Homemade Baked Beans.	Organic Wholemeal Pasta with Bolognese Sauce.	Vegetable Crumble and Red Pepper Sauce with Broccoli.
Mid-Afternoon Snack.	Seasonal organic fruit or vegetable sticks with assorted crackers and spreads.				
Tea.	Veggie Mince and Onion Empanada.	Scotch Pancake with Red Pepper Pate.	Ratatouille and Pitta Bread.	Roasted Squash, Apple and Pearl Barley Soup.	Baked Beans on Crumpets.
Drinks.	Fresh water and milk are provided throughout the day.				
Allergy Information.	Dairy Wheat Mustard Soya	Dairy Egg Wheat	Egg Wheat. Soya	Wheat Barley Celery Soya Dairy	Dairy Wheat Soya Celery



Weekly Menu Planner. Week 4.

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Breakfast.	Selection of cereal or assorted savouries with fruit.				
Mid-Morning Snack.	Seasonal organic fruit or vegetable sticks with assorted crackers and spreads.				
Lunch.	Yumurtalı Ispanikli.	Chocolate Chilli, Sour Cream, Salsa and Nachos.	Jacket Potatoes with Warm Coronation Quorn.	Quorn Casserole with Wholemeal Scone Topping. Broccoli and Sweetcorn.	Pepper, Mushroom, Sundried Tomato and Olive Pizza with Salad.
Mid-Afternoon Snack.	Seasonal organic fruit or vegetable sticks with assorted crackers and spreads.				
Tea.	Bolognese Stuffed Jacket Potatoes.	Greek Mushroom and Cheese Baguette with Tomato Salad.	Rantott Sajt.	Frittata and Oatcakes.	Wholemeal Organic Pasta and Vegetable Sauce.
Drinks.	Fresh water and milk are provided throughout the day.				
Allergy Information.	Egg Dairy Wheat Soya	Dairy Wheat Soya Egg Mustard	Dairy Mustard Wheat	Dairy Egg Wheat Celery Soya	Dairy Wheat Soya Celery