

Crossley Mill Nursery Menu 2020 Week 1

	Breakfast	AM snack	Lunch	Tea
Monday	Bagel with spreads and fresh fruit	Seeds & dried fruit	Chickpea & lentil curry, brown rice Veg pakora Tray bake	Blackbean enchiladas tortilla chips & dips Fresh fruit selection
Tuesday	Mixed Cereal & fruit	Rice cakes & pate	Penne pasta salad roasted seasonal vegetables Summer fruit smoothies	Selection of wraps, veggie sticks & hummous Homemade scones
Wednesday	Croissants with Jam & fruit	Fruit selection & veggie sticks	Mezze of falafel, halloumi, hummus & flatbreads Fruit jelly	Feta & basil pizzas with seasonal salad Fruit selection
Thursday	Mixed cereals & fruit	Chickpea crackers & cream cheese	Smokey sausage, bean and lentil stew seasonal veg and cous cous Oat cakes & spread	Pasta arrabiata with seasonal salad Natural yogurt with dried fruit seeds & honey
Friday	Toast and spreads	Oatcakes with cheese and fruit	Veggie burger with paprika wedges & seasonal salad Sponge cake	Seasonal soup and sandwich selection Fruit salad

Crossley Mill Nursery Menu 2020 Week 2

	Breakfast	AM snack	Lunch	Tea
Monday	Mixed cereal & fruit selection	Dried fruit & seeds	Macaroni cheese seasonal veg/salad Fruit and seed flapjack	Mezze of tabbouleh, hummus flatbread & tortilla chips Fruit salad
Tuesday	Croissants & jam	Chickpea crackers with mushroom pate	Greek style spinach & feta pie with steamed veg Summer fruit smoothies	Margherita pizza with coleslaw Oat cakes & spreads
Wednesday	Mixed cereal & fruit selection	Oatcakes and veggie sticks	Keralan coconut curry with lentils, chickpea & seasonal veg served with brown rice Natural yoghurt with fruit seeds and honey	Broccoli, pea & goats cheese flan with potato salad Fresh fruit
Thursday	Bagels and spread	Bread sticks and fruit	Falafel with homemade flat bread, halloumi hummus and salad	Blackbean & cheddar quesadillas with chips & dips
Friday	Mixed cereal & fruit selection	Rica cakes & seeds	Broccoli, basil and pumpkin seed pesto pasta with garlic bread Sweet potato muffin	Sandwich selection Fresh fruit

Crossley Mill Nursery Menu 2020 Week 3

	Breakfast	AM snack	Lunch	Tea
Monday	Toast & spreads with fresh fruit	Fruit selection & seeds	Dahl with seasonal vegetables & coconut milk served with brown rice Homemade buns	Seasonal frittata with salad Fruit selection
Tuesday	Mixed cereal & fruit	Corncakes & mushroom pate	Sausage cheese & bean pie with steamed veg Fresh Fruit selection	Jacket potato with cheese & coleslaw Oat cakes with spread
Wednesday	Bagels with cream cheese & jam	Rice cakes & veg sticks	Chickpea, apricot & olive tagine with cous cous & minty yoghurt dip Fruity oatcakes	Seasonal veg & cheese tartlets Fruit selection
Thursday	Mixed cereal & fresh fruit	Dried fruit and seeds	Smokey pearl barley fetta & tomato risotto Bread sticks with dips	Halloumi and hummus wrap with veggie sticks Strawberry milkshake
Friday	Pancakes with natural yoghurt & honey	Fruit selection	Roasted vegetable pasta bake with garlic bread Lemon sponge cake	Herby mushroom & sunflower seed sausage rolls and organic beans Fruit selection

Crossley Mill Nursery Menu 2020 Week 4

	Breakfast	AM snack	Lunch	Tea
Monday	Croissants with jam and fresh fruit	Dried fruit & seeds	Breadsticks with red pepper dip Spaghetti bolognaise	Cheese and veggie ham toasties with salad Strawberry milkshakes
Tuesday	Mixed cereals and fruit	Toast & pate	Bean & lentil veggie burger with fries and salad Fruit scones	Seasonal soup with homemade bread Fruit selection
Wednesday	Natural yoghurt oats fruit & honey	Rice cakes and cheese	Cheese & onion pie with seasonal vegetables Tray bake	Fresh sandwich selection Mixed fresh fruit
Thursday	Bagels with spreads and fruit	Fruity oatcakes	Rice & bean salad with seasonal vegetables Fruit & seed flapjack	Hotdogs with seasonal salad Fruit oatcakes
Friday	Mixed cereal & fruit	Corncakes and mushroom pate	Summer risotto with salad Natural yoghurt with fruit compote	Selection of wraps with paprika wedges & salad Fruit selection